

# BYU Independent Study

# University Courses

2025 | 2026



**Richard M. Houseman, PhD**

*Dean*

*BYU Continuing Education*

## From the Dean

Welcome! As Dean of BYU Continuing Education, I'm excited you are part of our learning community—whatever that looks like for you. Our mission goes beyond earning credits or advancing careers. At its heart, BYU Independent Study is about inspiring lifelong learning that empowers individuals to better themselves and others around the world.

Whether you're a high school student exploring electives, a college student needing flexible options, or a lifelong learner seeking to expand your knowledge base, we've got you covered. Our courses are designed by expert educators and are designed to be flexible, accessible, and, most importantly, relevant to your needs.

As you continue your journey with us, remember that we are here to support you every step of the way. So, explore our offerings, and together we'll make learning an exciting and fulfilling journey!

# University Catalog

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university courses.



# Accreditation

## UNIVERSITY

BYU Independent Study, as a department within BYU Continuing Education, operates under the accreditation of Brigham Young University by the Northwest Commission on Colleges and Universities (NWCCU). The following organizations have given accreditation to programs or units at the university:

- Association to Advance Collegiate Schools of Business
- National Association of Schools of Music, Commission on Accreditation
- Council on Social Work Education
- Council on Education for Public Health
- Accrediting Council for Education in Journalism and Mass Communications
- Accreditation Board for Engineering and Technology, Inc., Engineering Accreditation Commission

## Standards

Our courses are built for quality and rigor, helping students meet graduation requirements and transfer credits to most secondary and higher education institutions nationwide.

Each course is developed by certified university professors, and expert instructional designers to exceed top educational standards.

## FAQ

**Q: How long does it take to complete a course?**

A: A course typically takes 40–90 hours of online work.

**Q: Do I have to wait for a certain time period to sign up for a course?**

A: No. Independent Study offers open enrollment to anyone, anytime, anywhere!

**Q: Is there an age requirement to enroll?**

A: No. We recommend our courses to any mature and motivated student who is able to study independently.

**Q: Is tutoring available?**

A: For many courses, experienced tutors are available through the BYU Student Success Center. Visit [academicsuccess.byu.edu](https://academicsuccess.byu.edu).

**Q: Do I have to be enrolled in a public school to complete a course?**

A: Nope. Our courses are open to everyone either seeking a high school or university degree or just wanting to learn.

# Get Started

1

## Select a course

from this catalog or go to our website, [is.byu.edu](https://is.byu.edu), for the most complete, up-to-date descriptions of available courses.

2

## Confirm

with your academic advisor that your school will accept the course credit.

3

## Register

for the course online, over the phone, or in person. Please make sure to identify your school when you register.

4

## Access your course

through our website using your BYU Net ID (username) and password. If needed, follow the instructions in your purchase receipt to set up your account.

5

## Become familiar

with the course policies and deadlines outlined on our website and any unique policies and requirements listed in your course's syllabus.

6

## Study, complete, and submit

all your course assignments, quizzes, and exams. Participate in any required interactions such as language practice appointments.

7

## Access online exam proctoring

after completing all previous course requirements.  
(A few courses may require written work on a paper exam; see syllabus.)

8

## Complete your course,

within 12 months and submit a request form for your official BYU transcript. See [is.byu.edu/transcripts](https://is.byu.edu/transcripts) for details.

# Registering for a Course

## REQUIRED REGISTRATION INFORMATION

Students may register for a course anytime at [is.byu.edu](https://is.byu.edu). You will need the following information:

- Name
- Birth Date
- Sex
- Academic Institution (optional)\*
- Contact Information
  - Mailing Address\*\*
  - Phone Number
  - Email Address

\* By supplying your school's name, you are giving us permission (under FERPA) to inform your school of your course activity and grades and to send it a course completion notice.

\*\* Please include post office box number or street address, with apartment number; complete APO address and postal code if you live on a military base; or foreign postal code if you live outside the United States.

## PAYMENT

You may pay for a course using the following methods:

- Debit or Credit Card
- Cash
- Check to BYU Independent Study
- Money Order

## POLICIES

Every educational institution has policies and procedures that ensure an optimal learning experience for students. We strongly recommend that students understand all BYU Independent Study general policies before beginning a course.

Visit [is.byu.edu/policies](https://is.byu.edu/policies).

## Registration



[is.byu.edu](https://is.byu.edu)  
[is.byu.edu/contact-form](https://is.byu.edu/contact-form)



1-877-221-6716 (TOLL-FREE)  
801-422-8925 (LOCAL)



BYU Independent Study  
116 Harman Building (HCEB)  
770 E. University Parkway  
Provo, UT 84602

Office hours are Monday to Friday from 8 a.m. to 5 p.m. (MT); closed Tuesdays from 10:45 a.m. to 12 p.m. for BYU Devotionals/ Forums. Offices are closed for most major holidays.

# Financial Assistance

## UNIVERSITY COURSE SCHOLARSHIPS

Course scholarships are awarded every month to college students. Applications must be received before the first day of the month in which they should be considered. Do not enroll in a course until you have a scholarship, as scholarships may not be applied to previous enrollments. Course scholarship decisions will be emailed to applicants before the end of each month in which they are considered.

[is.byu.edu/universityscholarships](https://is.byu.edu/universityscholarships)

## Financial Need Scholarships

We offer a limited number of university course scholarships to students with financial need. Student applicants must meet the following criteria:

- 2.7 GPA or higher
- be 18 years of age or older
- provide recent transcripts (official or unofficial) for all schools attended
- be a U.S. citizen, permanent resident, or tax resident, OR be an international student residing outside of the U.S. or U.S. territories

## Mabel Brown Disability Scholarship

The Mabel Brown Scholarship is available to students who face challenges related to disabilities. Student applicants must meet the following criteria:

- 2.7 GPA or higher
- be 18 years of age or older
- provide recent transcripts (official or unofficial) for all schools attended
- single (unmarried) status
- a chronic physical impairment, disability, medical condition, limitation, or illness
- be a U.S. citizen, permanent resident, or tax resident, OR be an international student residing outside of the U.S. or U.S. territories

## Ineligibility for Scholarships

Students will not receive a course scholarship if any of the following conditions apply:

- incomplete application with any missing required information, including GPA, financial need, and school transcripts
- enrollment in the BYU Bachelor of General Studies (BGS) or BYU FlexGE program, which offers financial assistance to its students
- acceptance of a BYU Independent Study Scholarship within the past year. (Exception: Mabel Brown Scholarship recipients can reapply after completing an awarded scholarship course.)

## FINANCIAL AID

BYU Independent Study does not give or accept Federal Financial Aid. However, you are encouraged to apply for one of our scholarships, which are awarded every month.

# Enrollment Status

Because BYU Independent Study delivers flexible, open-enrollment courses and credit that can transfer to many institutions, we are unable to declare full- or part-time student enrollment status and attendance. As a result, we are unable to sign any document stating or implying enrollment status. Examples of such documents include the following:

- consortium agreements
- student loan deferment forms
- FAFSA form
- state verification of enrollment and attendance forms (including for driver's license applications)

- Form I-20, Certificate of Eligibility for Nonimmigrant Student Status
- any other form requiring declaration of student status or attendance

Students should use discretion when enrolling to confirm that our courses will fit their unique needs.

Students who have questions regarding military or veterans' educational services can contact Customer Support by calling 801-422-2868 or emailing [indstudy@byu.edu](mailto:indstudy@byu.edu).



# Course Tips

1

## **Do the course orientation and read the course policies.**

Be aware of course expectations before you submit any graded work. Plan on three to four months of consistent work to complete the course.

2

## **Always carefully read the instructions for assignments.**

Check your work before submitting it. Complete all required coursework in order, including all practice and optional activities.

3

## **Ask for help!**

Contact the course instructor and any provided teaching assistants. Be sure to provide your name, course name, and the specific issue.

4

## **Utilize the BYU Student Success Center.**

BYU Independent Study students have free access to the BYU Student Success Center, which provides course-specific support for assignments and exam preparation, tutoring sessions, academic coaching and peer mentoring, and academic success skills workshops.

5

## **Contact the Customer Support team.**

Customer Support is available Monday–Friday, 8 a.m.–5 p.m. (MT). Contact them at [is.byu.edu/contact-form](https://is.byu.edu/contact-form), call 801-422-2868, or chat via [is.byu.edu](https://is.byu.edu).

6

## **Access the final exam after all coursework is graded.**

Please note that a final exam is an important measure of subject mastery. ***Final*** means final.\*

\*In rare instances, special requests can be submitted as a petition (or via a petition) and will be processed through our academic petition's committee. Requests may be approved or denied, and the decision is final.

# Need Help? We've Got You.

**Struggling with a tricky concept?**

**Stuck on an assignment?**

**Every BYU Independent Study course comes with free Academic Support so you're never on your own.**

Why BYU Student Success Center Works for You:

- **One-on-one support** from experienced mentors
- **Online Learning library** with academic and study skills resources
- **Flexible scheduling** to fit your routine
- **Included free** with every course

Our Services Include:

- **Help** with assignments, projects, and exam prep
- **Virtual or in-person** sessions (Provo, Utah) to review material and quizzes
- **Academic coaching and peer mentoring** to support your goals
- **Workshops** on time management, study skills, test-taking, and motivation

Scheduling an appointment is easy. Visit our website for more information and to access learning support materials.



[academicsuccess.byu.edu](https://academicsuccess.byu.edu)

# University Courses

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## BUSINESS

### Principles of Accounting **NEW**

ACC 200

**Description:** Financial and managerial accounting principles. Basic accounting statements, processes, and management applications.

**Credits:** 3.0

**Tuition:** \$768

### Business Law in the Environment **NEW**

ACC 241

**Description:** Introduction to analyzing and applying legal principles to contract formation, defects in agreement, fraud, third-party rights, LLCs, and corporate formations and operations.

**Credits:** 3.0

**Tuition:** \$768

### Creating a Good Life Through Experience Design **NEW**

EXDM 300

**Description:** Introduce basic experience design and recreational philosophies, emphasizing positive psychology principles. Explore life design opportunities and perspectives of what constitutes “the good life” across multiple countries, cultures, and diverse populations.

**Credits:** 3.0

**Tuition:** \$768

### Introduction to Supply Chain Management in International Business **NEW**

GSCM 211

**Description:** Introduction to international supply chain concepts such as global negotiations, international shipping, outsourced manufacturing, Political Economic Social Technical Legal Environmental (PESTLE) analysis, and supply chain for global, social impact. Application of these concepts to prepare students to thrive in a global business environment.

**Credits:** 1.5

**Tuition:** \$384

### Organizational Behavior **NEW**

HRM 300

**Description:** Theories and concepts for creating effective organizations, e.g., individual, group, and organizational processes and human resource functions, including selection, compensation, and performance management.

**Credits:** 3.0

**Tuition:** \$768

### Human Resource Management **NEW**

HRM 402

**Description:** Functions of human resource management: employee selection, wage and salary administration, training and development, employee relations, and human resource planning.

**Credits:** 3.0

**Tuition:** \$768

## Managerial Leadership Development

HRM 413

**Description:** Principles and practices needed to serve as effective leaders in family, church, community, and work settings—planning, decision-making, self-awareness, effective human influence, and community building.

**Credits:** 3.0

**Tuition:** \$768

## Spreadsheet Skills and Business Analysis **NEW**

IS 110

**Description:** Basic spreadsheet skills focusing on features in MS Excel such as basic functions, logic and reference functions, statistical functions, what-if analysis, and charting to solve complex business problems. No technical background is necessary.

**Credits:** 1.0

**Tuition:** \$256

## Introduction to Management Information Systems **NEW**

IS 201

**Description:** Create technology solutions to solve business problems. Learn database, analytical, spreadsheet, and programming skills useful to all business majors; preparing for a variety of internships.

**Credits:** 3.0

**Tuition:** \$768

## Management Communication **NEW**

MCOM 320

**Description:** Developing written and oral communications for professional organizations, including composing and designing employment communications. Incorporates oral presentations.

**Credits:** 3.0

**Tuition:** \$768

## Marketing Management **NEW**

MKTG 201

**Description:** Gain knowledge of the marketing mix using the tools of marketing to create and sustain value for customers.

**Credits:** 3.0

**Tuition:** \$768

## Financial Management **NEW**

MSB 250

**Description:** Financial statement analysis, financial planning, sources of financing, working capital management, risk and return, and valuation.

**Credits:** 3.0

**Tuition:** \$768

## Professional Ethics

MSB 360

**Description:** Analyzing ethical dilemmas and understanding ethical theories as they apply to decision-making in management.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to International Business

MSB 430

**Description:** Complexities confronting U.S. firms and their management in international environments. Emphasizes functional and planning areas, including organization, market research, and financial analysis.

**Credits:** 3.0

**Tuition:** \$768

## Business Spanish

MSB 596R

**Description:** For experienced speakers of the language being taught. Emphasizes business concepts: practice and case study include conversation, reading, and presenting to enrich business vocabulary.

**Credits:** 3.0

**Tuition:** \$768



## COMPUTATIONAL, MATHEMATICAL, AND PHYSICAL SCIENCES

### Elementary College Chemistry

CHEM 100

**Description:** Atomic theory, structure, thermodynamics, and the chemical consequences involved.

**Credits:** 3.0

**Tuition:** \$768

### Introductory General Chemistry *NEW* (coming Fall 2025)

CHEM 101

**Description:** This course offers a broad introduction to the fundamental principles of chemistry, tailored for non-science majors. Additional topics include atomic and molecular structure, periodic relationships, states of matter, chemical reactions and stoichiometry, acids and bases.

**Credits:** 3.0

**Tuition:** \$768

### General College Chemistry 1 with Lab (Integrated)

CHEM 105

**Description:** Atomic and molecular structure, including bonding and periodic properties of the elements; reaction energetics, electrochemistry, acids and bases, and inorganic and organic chemistry.

**Credits:** 4.0

**Tuition:** \$1024

### Biochemistry *NEW* (coming Fall 2025)

CHEM 481

**Description:** First-semester biochemistry. Molecular components of cells, chemical structure and function, enzymes, metabolic transformations, photosynthesis.

**Credits:** 3.0

**Tuition:** \$768

### How To Program *NEW* (coming Fall 2025)

CS 110

**Description:** This course introduces students with little or no programming background to the fundamentals of writing basic programs. Using Python as our primary language, we'll cover concepts that apply broadly across programming. By the end, you'll gain practical coding skills and the confidence to apply them in any field.

**Credits:** 3.0

**Tuition:** \$768

### Introduction to Geology

GEOL 101

**Description:** Cultural focus on physical and environmental geology for nonscience majors; rocks and minerals. Field trips.

**Credits:** 3.0

**Tuition:** \$768

### Life of the Past

GEOL 103

**Description:** Gain a cultural focus on historical geology for nonscience majors. Study fossils, stratigraphic patterns, and geological time.

**Credits:** 3.0

**Tuition:** \$768

### Quantitative Reasoning

MATH 102

**Description:** Practicing and applying quantitative reasoning, approximation, personal finance, and consumer statistics.

**Credits:** 3.0

**Tuition:** \$768

## College Algebra **NEW**

MATH 110

**Description:** Functions, polynomials, theory of equations, exponential and logarithmic functions, matrices, determinants, systems of linear equations, permutations, combinations, and binomial theorem.

**Credits:** 3.0

**Tuition:** \$768

## Trigonometry **NEW**

MATH 111

**Description:** Circular functions, triangle relationships, identities, inverse trig functions, trigonometric equations, vectors, complex numbers, and DeMoivre's theorem.

**Credits:** 2.0

**Tuition:** \$512

## Calculus 1 **NEW**

MATH 112

**Description:** Course topics focus on differential and integral calculus, limits, continuity, the derivative and applications, extrema, the definite integral, fundamental theorem of calculus, and L'Hopital's rule.

**Credits:** 4.0

**Tuition:** \$1024

## Calculus 2 **NEW**

MATH 113

**Description:** Techniques and applications of integration; sequences, series, and convergence tests, power series; parametric equations; polar coordinates.

**Credits:** 4.0

**Tuition:** \$1024

## Essentials of Calculus

MATH 116

**Description:** Review of algebra, graph of line, slope. Limits and derivatives (standard functions and compositions of such functions); derivative for polynomials, exponentials, and logarithms; product, quotient, and chain rule; optimization (extrema), application to business problems; and Newton's method.

**Credits:** 1.0

**Tuition:** \$256

## General Physics 1 **NEW**

PHSCS 105

**Description:** Applied physics course not requiring calculus. Topics include mechanics, heat, wave motion, and sound.

**Credits:** 3.0

**Tuition:** \$768

## General Physics 2 **NEW**

PHSCS 106

**Description:** Continuation of PHSCS 105. Topics include electricity and magnetism, atomic and nuclear physics, and optics.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Newtonian Mechanics **NEW**

PHSCS 121

**Description:** Linear, circular, and projectile motion; their prediction from forces and torques; and conservation of energy and momentum.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Waves, Optics, and Thermodynamics **NEW**

PHSCS 123

**Description:** Waves, thermal physics, optics, special relativity, and introduction to modern physics.

**Credits:** 3.0

**Tuition:** \$768

## **Descriptive Astronomy**

PHSCS 127

**Description:** Nonmathematical presentation of knowledge of the content and history of the cosmos, frequently using the observatory and planetarium.

**Credits:** 3.0

**Tuition:** \$768

## **Energy, Climate, Environment**

PHSCS 137

**Description:** Nonmathematical introduction to meteorology. Atmospheric structure and dynamic behavior, focusing on short-term violent weather and longer-term hazards: drought, floods, heat waves, cold waves, and climate change, including human environmental impact.

**Credits:** 3.0

**Tuition:** \$768

## **Introduction to Electricity and Magnetism**

PHSCS 220

**Description:** Use Maxwell's equations to find symmetric arrangements in electric and magnetic fields. Analyze DC and AC circuits of resistors, inductors, capacitors, and power supplies.

**Credits:** 3.0

**Tuition:** \$768

## **Physical Science NEW**

PHY S 100

**Description:** Conceptual lectures and demonstrations of the most significant and universal laws and models describing the physical world by faculty from the physics and astronomy, chemistry, and geology departments.

**Credits:** 3.0

**Tuition:** \$768

## **Principles of Statistics NEW**

STAT 121

**Description:** Graphical displays and numerical summaries, data collection methods, probability, sampling distributions, confidence intervals and hypothesis testing involving one or two means and proportions, contingency tables, correlation, and simple linear regression.

**Credits:** 3.0

**Tuition:** \$768

## **EDUCATION**

### **Children's Literature NEW**

ELED 340

**Description:** Trends and titles in children's and adolescent literature. Reading and critiquing as well as practical uses of children's literature in both school and home.

**Credits:** 3.0

**Tuition:** \$768

### **Exceptional Students: Principles of Collaboration**

CPSE 300

**Description:** Basic principles and legislative issues in effectively communicating and collaborating with professionals, parents, and other service providers to meet needs of individuals with disabilities in inclusive educational environments.

**Credits:** 2.0

**Tuition:** \$512

# Finish What You Started—From Anywhere

The Bachelor of General Studies (BGS) program at Brigham Young University offers a rigorous yet accessible curriculum designed specifically for former BYU students who want to complete their degree without relocating or attending classes on campus. Students have access to one-on-one academic advisement and tutoring, all included in the program.

This online program allows you to

- Maximize your previously earned BYU credits
- Complete the same curriculum and degree requirements as on-campus students
- Earn up to 93 of the required 120 credits through BYU Independent Study courses (at least 27 must be completed prior to admission)
- Study on your own schedule, from wherever you are
- Choose and complete one of eight areas of emphasis

With BGS, you can achieve your goal of earning a BYU bachelor's degree—no matter where life has taken you.

Learn more about how to finish your BYU degree:

- [bgs.byu.edu](https://bgs.byu.edu)
- 801-422-4351



## FAMILY, HOME, AND SOCIAL SCIENCES

### American Heritage **NEW**

AHTG 100

**Description:** Synthesis of American constitutional and economic principles and patterns of historical development.

**Credits:** 3.0

**Tuition:** \$768

### Sociocultural Anthropology **NEW**

ANTH 101

**Description:** Aspects of society and culture: kinship, beliefs, economy, and political order among peoples worldwide. Methods and perspectives used in sociocultural anthropology.

**Credits:** 3.0

**Tuition:** \$768

### Economic Principles and Problems **NEW**

ECON 110

**Description:** Strengths and weaknesses of markets and governments for solving problems of social organization or conflict, including policy response to inflation, unemployment, pollution, poverty, growth, etc.

**Credits:** 3.0

**Tuition:** \$768

### Global Environment: Understanding Physical Geography

GEOG 101

**Description:** Physical environment, distribution, and interrelationships of climates, landforms, and ecosystems and their human significance.

**Credits:** 3.0

**Tuition:** \$768

## Geography of World Affairs

GEOG 120

**Description:** Understand the interconnectedness of the world and how the environment impacts human behavior and vice versa.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Human Geography

**NEW**

GEOG 130

**Description:** Share an informed awareness of the great diversity of global human geography by examining elements such as language, religion, politics, and demographics at various geographic scales using geographic approaches, principles, and methodologies.

**Credits:** 3.0

**Tuition:** \$768

## United States and Canada

GEOG 250

**Description:** Analysis of the natural environment, historical development, cultural patterns, economic systems, and political structures of geographic regions.

**Credits:** 3.0

**Tuition:** \$768

## World Civilization from 1500 **NEW**

HIST 201

**Description:** World civilization from Greek antiquity to Renaissance; explores fundamental questions in the human experience, examines formative events in history, and seeks to teach the value of important texts.

**Credits:** 3.0

**Tuition:** \$768

## World Civilization from 1500

HIST 202

**Description:** World civilization from Renaissance to present; explores fundamental questions in the human experience, examines formative events in history, and seeks to teach the value of important texts.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Family History

### Doctrine and Practice **NEW**

HIST 205

**Description:** Introduces basic genealogy/ family history doctrine and genealogical methodology, emphasizing living memory, preservation, FamilySearch Family Tree, software, and citation.

**Credits:** 2.0

**Tuition:** \$512

## The Family Historian's Craft **NEW**

HIST 217

**Description:** Introduction to genealogical methods applicable in American and international research. Discussion of technology in genealogical research and introduction to censuses and vital records (US and international).

**Credits:** 3.0

**Tuition:** \$768

## The United States Through 1877 **NEW**

HIST 220

**Description:** Discovery, colonization, American Revolution, establishment of the Constitution, foreign affairs, westward expansion, slavery, sectionalism, Civil War, and Reconstruction.

**Credits:** 3.0

**Tuition:** \$768

## The United States Since 1877

HIST 221

**Description:** Industrialization, immigration, urbanization, political and social movements, and foreign policy.

**Credits:** 3.0

**Tuition:** \$768

## Conquest and Colonization of Latin America

HIST 251

**Description:** Pre-Columbian civilizations, Iberian exploration and conquest of the New World, and colonial development of Hispanic and Portuguese America from 1492 to 1823.

**Credits:** 3.0

**Tuition:** \$768

## Modern Latin American History

HIST 252

**Description:** National period (1810 to present): independence, institutional development, culture, and inter-American relations.

**Credits:** 3.0

**Tuition:** \$768

## British Family History Research and Methodology **NEW**

HIST 283

**Description:** Records, geographical-historical background, paleography, and methods for reconstruction of individual families and development of demographic and family history studies in England, Scotland, and Wales.

**Credits:** 3.0

**Tuition:** \$768

## World War II in History and Memory **NEW**

HIST 293

**Description:** Causes, flow, and global impact of the war, emphasizing American and Japanese experience, ways in which it shaped lives of individual participants, and how it is remembered.

**Credits:** 3.0

**Tuition:** \$768

## Italian Renaissance **NEW**

HIST 302

**Description:** Major political, social, and cultural events in Italy from 1200 to 1530, emphasizing the concept of the Renaissance in modern historiography.

**Credits:** 3.0

**Tuition:** \$768

## Russian Empire Under the Romanovs

HIST 330

**Description:** Political, economic, social, and cultural trends and events in Russian history to 1917.

**Credits:** 3.0

**Tuition:** \$768

## Soviet Union and Post-Soviet Russia

HIST 331

**Description:** History of the Soviet Union and post-Soviet developments in Russia and other successor states; governing structures and ideology and the relationship between state and society.

**Credits:** 3.0

**Tuition:** \$768

## Modern Japan **NEW**

HIST 344

**Description:** Main themes in Japanese history from the early 19th century to the present.

**Credits:** 3.0

**Tuition:** \$768



We offer open enrollment 24 hours a day, seven days a week, year-round!

## Directed Research in Family History

HIST 481R

**Description:** Develop skills in methodology, record preservation, and citation through a genealogical research project.

**Credits:** 1.0

**Tuition:** \$256

## American Government and Politics

POLI 110

**Description:** Origin and development of federal Constitution; national, state, and local governments and politics.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to International Politics

POLI 170

**Description:** Basic forces, practices, institutions, and foreign policies of major powers; problem areas in international politics.

**Credits:** 3.0

**Tuition:** \$768

## Western Political Heritage 1 **NEW**

POLI 201

**Description:** Western civilization from Greek antiquity to Renaissance, primarily from the perspective of political philosophy and scriptures. Explore fundamental questions in human experience, examine formative events in history, and understand the value of important texts.

**Credits:** 3.0

**Tuition:** \$768

## Western Political Heritage 2 **NEW**

POLI 202

**Description:** Western civilization from Renaissance to present, primarily from the perspective of political philosophy. Explore fundamental questions in human experience, examine formative events in history, and understand the value of important texts.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to

## Psychological Science **NEW**

PSYCH 111

**Description:** Explore basic theoretical perspectives that guide psychological inquiry, social psychology, emotions, personalities, and therapeutic options.

**Credits:** 3.0

**Tuition:** \$768

## History of Psychology

PSYCH 210

**Description:** Overview of psychological thinking from Ancient Greece to the present. Emphasizes a critical stance toward the assumptions and implications of major psychological theories.

**Credits:** 3.0

**Tuition:** \$768

## Human Development: Life Span **NEW**

PSYCH 220

**Description:** Interaction of psychological, biological, and social influences on behavior and psychological development throughout the life span.

**Credits:** 3.0

**Tuition:** \$768

## Writing Within Psychology

PSYCH 307

**Description:** Processes of research-oriented writing and presentation for psychology majors.

**Credits:** 3.0

**Tuition:** \$768

## Psychological Statistics

PSYCH 308

**Description:** Descriptive and inferential statistical analysis and hypothesis testing applied to psychological research data.

**Credits:** 4.0

**Tuition:** \$1024

## Child Development **NEW**

PSYCH 320

**Description:** Physical, mental, emotional, and social development of the child.

**Credits:** 3.0

**Tuition:** \$768

## Organizational Psychology

PSYCH 330

**Description:** Personal, interactional, and structural aspects of organizations: motivation, decision-making, problem-solving communication, leadership, organizational structure, and change.

**Credits:** 3.0

**Tuition:** \$768

## Sport Psychology

PSYCH 338

**Description:** Concentration techniques, personality psychology, assessment, coaching, and special athletic approaches to foster and enhance athletic performances.

**Credits:** 3.0

**Tuition:** \$768

## Personality

PSYCH 341

**Description:** Individual patterns of behavior, thought, and emotion; personality theories and their associated strategies of research, assessments, and personality change.

**Credits:** 3.0

**Tuition:** \$768

## Psychopathology **NEW**

PSYCH 342

**Description:** Dynamics of maladjustment; major psychological disorders and therapeutic procedures.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Social

### Psychology **NEW**

PSYCH 350

**Description:** Conformity and obedience; socialization, norms, roles; attitudes, leadership, group processes.

**Credits:** 3.0

**Tuition:** \$768

## Restored Gospel and Psychology

PSYCH 353

**Description:** Relationships between theories of psychology and Latter-day Saint thought.

**Credits:** 3.0

**Tuition:** \$768

## Leadership Development

PSYCH 358

**Description:** Principles and practices of successful leadership: decision-making, communications, planning, team building, motivation, and interpersonal skills.

**Credits:** 3.0

**Tuition:** \$768

## Behavioral Neurobiology **NEW**

PSYCH 381

**Description:** Basic physiological, anatomical, and chemical foundations of psychology.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Interiors **NEW**

SFL 102

**Description:** Interior design; emphasizes the history and development of the American home.

**Credits:** 3.0

**Tuition:** \$768

## Food Preparation in the Home **NEW**

SFL 110

**Description:** Principles of cooking and skill development in food preparation techniques.

**Credits:** 2.0

**Tuition:** \$512



## Introduction to Family Processes

SFL 160

**Description:** Ways of strengthening family life by understanding such family processes as generations, emotions, communication, and rituals.

**Credits:** 3.0

**Tuition:** \$768

## Basics of Clothing Construction **NEW**

SFL 185R

**Description:** Basics of using a sewing machine for making apparel.

**Credits:** 3.0

**Tuition:** \$768

## Human Development **NEW**

SFL 210

**Description:** Growth and development of the child from conception through adolescence; influences of family, peers, and schools.

**Credits:** 3.0

**Tuition:** \$768

## Parenting and Child Guidance

SFL 240

**Description:** Critically examine theories of overall parenting styles and the impact of these styles upon optimal parenting.

**Credits:** 3.0

**Tuition:** \$768

## Family Finance **NEW**

SFL 260

**Description:** Introduction to time value of money, budgeting, saving, credit, taxes, housing, insurance, and investing, emphasizing practical application in the home.

**Credits:** 3.0

**Tuition:** \$768

## Dynamics of Clothing **NEW**

SFL 280

**Description:** Introduction to the influences, meanings, and dimensions of individual clothing selection processes and its effect on families, communities, and cultures.

**Credits:** 3.0

**Tuition:** \$768

## Intermediate Clothing Construction **NEW**

SFL 287

**Description:** Assessing and executing various sewing techniques, including construction of several full-scale garments.

**Credits:** 3.0

**Tuition:** \$768

## Critical Inquiry & Research Methods **NEW**

SFL 290

**Description:** Philosophies of critical inquiry. Principles of designing, conducting, and reporting social science investigations.

**Credits:** 3.0

**Tuition:** \$768

We offer free tutoring through the BYU Student Success Center. (see [academicsuccess.byu.edu](https://academicsuccess.byu.edu)).



## Infant Development in the Family **NEW**

SFL 331

**Description:** Conception, prenatal development, and pregnancy. Physical, cognitive, and social development during the first twenty-four months. Implications for guidance and care in the family.

**Credits:** 3.0

**Tuition:** \$768

## Adolescent Development in the Family and Other Social Contexts

SFL 333

**Description:** Examining the developmental and social contexts of adolescents with emphasis on the importance of the family. Other contexts include peers, religion, community, schools, and cross-cultural issues.

**Credits:** 3.0

**Tuition:** \$768

## Adult Development and Aging in the Family **NEW**

SFL 334

**Description:** Adjustments to physical, emotional, social, and economic changes. Needs arising from changes in family relationships, living arrangements, and employment; retirement planning.

**Credits:** 3.0

**Tuition:** \$768

## Family Adaptation and Resiliency

SFL 335

**Description:** Understanding family resiliency and building family strengths in normative transitions (birth, death, job) and nonnormative transitions (divorce, disability, remarriage, poverty, violence). Developing familial, social, religious, and instrumental resources to adapt positively to these transitions.

**Credits:** 3.0

**Tuition:** \$768

## Social Development

SFL 351

**Description:** Processes and sequences of social development across childhood and adolescence in areas such as attachment, the self, emotions, achievement, gender, aggression, and pro-social behavior.

**Credits:** 3.0

**Tuition:** \$768

## Language Development

SFL 355

**Description:** Philosophical, social, intellectual, and emotional contexts of language acquisition and usage.

**Credits:** 3.0

**Tuition:** \$768

## Therapeutic Play Foundations

SFL 357

**Description:** Play is an essential element for children's growth, development, and learning; both therapeutic aspects and learning objectives of play in infants, children, and youth are examined.

**Credits:** 3.0

**Tuition:** \$768

## Media, Family, and Human Development

SFL 358

**Description:** Aspects of media and their potential effects on family interactions and human development across the lifespan.

**Credits:** 3.0

**Tuition:** \$768

## Child Life in Healthcare Settings

SFL 359

**Description:** Roles of child life specialists in preparing children and families for healthcare experiences. Content includes psychosocial and developmental needs of children, adolescents, and families in healthcare settings and the impact of illness, injury, and hospitalization on the child and family.

**Credits:** 3.0

**Tuition:** \$768

## Introductory Sociology **NEW**

SOC 111

**Description:** Social group influence; social interaction, processes, organization, and change; family, religion, government, population, culture, race relations.

**Credits:** 3.0

**Tuition:** \$768

## Current Social Problems **NEW**

SOC 112

**Description:** Individual deviance (violence, insanity, drugs, sex, crime, etc.) and social disorganization (poverty, race and sex discrimination, divorce, overpopulation, etc.). Conditions, causes, and solutions.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Social Work **NEW**

SOC W 200

**Description:** Social welfare as a social institution; social work as a profession.

**Credits:** 3.0

**Tuition:** \$768

# Fun Facts!

Where do BYU Independent Study students come from?

## Top States

- California
- Utah
- Washington
- Colorado
- Oregon
- Nevada
- Illinois
- Ohio
- Michigan
- Alaska

## Top Countries

- Brazil
- South Korea
- China
- Hong Kong
- Canada
- Japan
- Singapore
- Taiwan
- United Kingdom
- Mexico
- Australia

## Introduction to Social Work Research Methods **NEW**

SOC W 300

**Description:** Tools of social research: survey, experimentation, content analysis, secondary analysis, qualitative research, evaluation research, data processing and analysis, and report writing.

**Credits:** 3.0

**Tuition:** \$768

## FINE ARTS AND COMMUNICATIONS

### Mass Communication and Society

COMMS 101

**Description:** Historical and modern roles of mass media in society, emphasizing media effects on individuals and institutions.

**Credits:** 3.0

**Tuition:** \$768

### Introduction to Advertising **NEW**

COMMS 230

**Description:** Principles of advertising and a critical evaluation of its role and value in American society. Experience in writing and creating ads for all media.

**Credits:** 3.0

**Tuition:** \$768

### Media Ethics, Law, and Responsibility

**NEW**

COMMS 300

**Description:** Introduction to First Amendment history and press freedom, law, and theory; media regulation and policy; relationship between law and ethics; key ethical issues in professional communications.

**Credits:** 3.0

**Tuition:** \$768

## Media Effects

COMMS 411

**Description:** Effects resulting from the interaction between media and members of society. Approaches may include self-image, stereotypes, violence, and other social constructs and behaviors involving media consumption.

**Credits:** 3.0

**Tuition:** \$768

## World Religions and Media **NEW**

COMMS 482

**Description:** The interaction of media, world religions, and beliefs. Approaches may include media coverage and portrayal of religion, religion's use of media, conflict between media and religion, and communicating across religious cultures.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Photography and Digital Workflow

DESPH 116

**Description:** Basic camera techniques and digital capture, developing entry-level skills in digital imaging workflow and with industry-related software and working methods. Lighting two-dimensional work for portfolio documentation.

**Credits:** 3.0

**Tuition:** \$768

### **Introduction to Music *NEW***

*(coming Fall 2025)*

MUSIC 101

**Description:** This course helps non-music majors develop creative listening skills through the study of Western masterworks across major style periods. Students will explore historical context, key composers, and musical vocabulary through lectures, discussions, and concert attendance—gaining the ability to identify classical music by period, genre, form, and style.

**Credits:** 3.0

**Tuition:** \$768

### **Beginning Piano Techniques 1**

MUSIC 113

**Description:** Basic music theory, technical exercises, major and minor triads, major and minor scales, major and minor cadences, as well as beginning improv.

**Credits:** 2.0

**Tuition:** \$512

### **Civilization: Music 1 *NEW***

MUSIC 201

**Description:** History of civilization from Greek antiquity through the seventeenth century, primarily from perspective of musical literature and the arts. Explore fundamental questions in human experience, examine formative events in history, and understand the value of important texts.

**Credits:** 3.0

**Tuition:** \$768

### **Civilization: Music 2 *NEW***

MUSIC 202

**Description:** History of civilization from the eighteenth century through the present day, primarily from perspective of musical literature and the arts; exploring fundamental questions in human experience, examining formative events in history; understanding value of important texts.

**Credits:** 3.0

**Tuition:** \$768

### **Introduction to Jazz**

MUSIC 204

**Description:** Fostering an understanding and appreciation of jazz music within the context of American history and culture.

**Credits:** 3.0

**Tuition:** \$768

### **Organ Performance: Level 1**

MUSIC 399R

**Description:** Internship or externship in creating, performing, producing, or teaching applications of major course work: organ technique, organ repertoire, hymn playing, music theory, organ registration, and sight-reading.

**Credits:** 2.0

**Tuition:** \$512

### **Organ Performance: Level 2**

MUSIC 399R

**Description:** Internship or externship in creating, performing, producing, or teaching applications of major course work. Designed to provide motivation, direction, and instruction for organists to improve their skills in specific areas: organ technique, organ repertoire, hymn playing, music theory, organ registration, and sight-reading. Includes review on many level-one topics.

**Credits:** 2.0

**Tuition:** \$512

## HUMANITIES

### Beginning Mandarin

CHIN 102

**Description:** Basic grammar, vocabulary building, and speaking.

**Credits:** 4.0

**Tuition:** \$1024

### Introduction to Print Publishing

DIGHT 230

**Description:** Introduction to layout and typesetting and their place in the publications process; includes graphic design theory, audience analysis, and basic skills with professional desktop publishing applications.

**Credits:** 3.0

**Tuition:** \$768

### Modern American Usage

ELING 322

**Description:** Current conventions, attitudes, educated usage, and rules for current American English.

**Credits:** 3.0

**Tuition:** \$768

### The Grammar of English

ELING 325

**Description:** Structure, parts of speech, phrases, clauses, and other topics of English grammar in various applications.

**Credits:** 3.0

**Tuition:** \$768

### Creative Writing

ENGL 218

**Description:** Introductory instructions in the writing of poetry, the short story, and the essay.

**Credits:** 3.0

**Tuition:** \$768

### Studies in Literature *NEW*

ENGL 230

**Description:** Introduction to various poems, dramas, and novels and their respective themes, forms, and authors.

**Credits:** 3.0

**Tuition:** \$768

### British Literary History 1

ENGL 291

**Description:** Development of ideas, movements, genres, and styles in pre-1789 English literature as illustrated through representative texts.

**Credits:** 3.0

**Tuition:** \$768

### British Literary History 2

ENGL 292

**Description:** Development of ideas, movements, genres, and styles in post-1789 English literature as illustrated through representative texts.

**Credits:** 3.0

**Tuition:** \$768

### American Literary History

ENGL 293

**Description:** Development of ideas, movements, genres, and styles in American literature as illustrated through representative texts.

**Credits:** 3.0

**Tuition:** \$768

### Writing Creative Nonfiction

ENGL 317R

**Description:** Creations of style and technique in prose nonfiction; discipline and practice of the writer.

**Credits:** 3.0

**Tuition:** \$768

### Writing Poetry **NEW**

ENGL 319R

**Description:** Creation of style and technique in poetry; discipline and practice of the poet.

**Credits:** 3.0

**Tuition:** \$768

### Author Studies (Shakespeare)

ENGL 384R

**Description:** In-depth study of one author's corpus and its attendant contexts, ideas, history, criticism, and scholarly discourse.

**Credits:** 3.0

**Tuition:** \$768

### American Literature 1800–1865

ENGL 389R

**Description:** Pre-Civil War American Romanticism, Realism, and Transcendentalism. As well as abolitionist and "Romantic Realism" of the United States of America.

**Credits:** 3.0

**Tuition:** \$768

### Young Adult Literature **NEW**

ENGL 420

**Description:** The teaching, using, and appreciation of young adult adventure, mystery, comedy, sci-fi, fantasy, horror, historical fiction, biography, poetry, drama, and fiction written for and/or by young adults.

**Credits:** 3.0

**Tuition:** \$768

### Literary Studies Senior Capstone

ENGL 495

**Description:** In-depth study of a limited area of literature, language, or criticism. Content varies and requires research and writing.

**Credits:** 3.0

**Tuition:** \$768

### First-Year French, Part 1

FREN 101

**Description:** Learn to speak French well enough to satisfy immediate needs, communicate in basic social situations, meet routine travel needs, obtain food and lodging, carry out simple transactions, and talk about a variety of topics of common interest primarily in the present.

**Credits:** 4.0

**Tuition:** \$1024

### First-Year French, Part 2

FREN 102

**Description:** Reading, writing, and speaking in past, present, and future tense. Continuation of FREN 101, improve listening skills.

**Credits:** 4.0

**Tuition:** \$1024

### First-Year German 1

GERM 101

**Description:** Listening, speaking, reading, writing, grammar, and culture.

**Credits:** 4.0

**Tuition:** \$1024

### First-Year German 2

GERM 102

**Description:** Deeper understanding of German culture and customs. Intermediate reading, writing, and conversation skills on various topics.

**Credits:** 4.0

**Tuition:** \$1024

### Second-Year German 1

GERM 201

**Description:** Reading, writing, grammar, culture, listening, and speaking.

**Credits:** 4.0

**Tuition:** \$1024

## Second-Year German 2

GERM 202

**Description:** Culminating course for the Languages of Learning requirement emphasizing culture and literature. Continued writing, grammar, listening, and speaking.

**Credits:** 4.0

**Tuition:** \$1024

## First-Year Biblical Hebrew 1

HEB 131

**Description:** Old Testament Hebrew. Provides foundation in grammar and vocabulary. Read Hebrew prose texts in Bible.

**Credits:** 4.0

**Tuition:** \$1024

## First-Year Biblical Hebrew 2

HEB 132

**Description:** Old Testament Hebrew. Use of imperfect verb forms, Niphal verb form, and Hiphil verb forms. Read Hebrew prose texts in the Bible.

**Credits:** 4.0

**Tuition:** \$1024

## An Introduction to the Humanities **NEW**

IHUM 101

**Description:** Study of the arts emphasizing forms and relationships, the development of critical skills, and an awareness of traditional humanistic values.

**Credits:** 3.0

**Tuition:** \$768

## Western Humanities 1:

### Antiquity to Renaissance **NEW**

IHUM 201

**Description:** Western civilization from Greek antiquity to Renaissance from the perspective of traditional humanistic values reflected in its arts and ideas. Examines fundamental questions about human experience, formative events in history, and value of important literary and artistic texts.

**Credits:** 3.0

**Tuition:** \$768

## Western Humanities 2:

### Renaissance to the Present

IHUM 202

**Description:** Western civilization from Renaissance to present from the perspective of traditional humanistic values reflected in its arts and ideas. Examines fundamental questions about human experience, formative events in history, and value of important literary and artistic texts.

**Credits:** 3.0

**Tuition:** \$768

## First-Year Korean 1 **NEW**

KOREA 101

**Description:** Han'gul, the phonetic system, basic grammar and vocabulary, discourse, reading, and culture.

**Credits:** 4.0

**Tuition:** \$1024

## First-Year Korean 2

KOREA 102

**Description:** Continuation of KOREA 101. Phonetic system, basic grammar, vocabulary, discourse, reading, and culture.

**Credits:** 4.0

**Tuition:** \$1024



## Middle Eastern History from 1800

MESA 467R

**Description:** History of the Middle East in the modern period after 1800: rise of the nation states, relationship with the West, and role of Islam.

**Credits:** 3.0

**Tuition:** \$768

## Introduction to Logic and Critical Thinking **NEW**

PHIL 205

**Description:** Analyzing and constructing both deductive and non-deductive arguments; formal methods for evaluating deductive arguments, and practical applications of critical thinking, including recognizing biases and avoiding fallacies.

**Credits:** 3.0

**Tuition:** \$768

## Intermediate Formal Logic

PHIL 305

**Description:** History and use of first-order logic and second-order logic; natural-deduction and axiomatic proofs; modal logic; set theory and foundations of mathematics.

**Credits:** 3.0

**Tuition:** \$768

## Foundational Spanish 1

SPAN 101

**Description:** Fundamentals of Spanish, emphasizing communication.

**Credits:** 4.0

**Tuition:** \$1024

## Foundational Spanish 2

SPAN 102

**Description:** Continuation of SPAN 101. Fundamentals of Spanish, emphasizing communication.

**Credits:** 4.0

**Tuition:** \$1024

## Writing and Rhetoric **NEW**

WRTG 150

**Description:** Processes of writing, reading, and research with an emphasis on argumentation and rhetorical analysis.

**Credits:** 3.0

**Tuition:** \$768

## Persuasive Writing **NEW**

WRTG 312

**Description:** Expository and persuasive writing focusing on practical reasons for evaluating audiences, generating and structuring an argument, and making stylistic decisions. Library research paper.

**Credits:** 3.0

**Tuition:** \$768

## Writing in the Social Sciences **NEW**

WRTG 315

**Description:** Writing characteristic of disciplines that inquire into human behavior and institutions. Assignments include correspondence, proposals, library paper, empirical research, and reviews.

**Credits:** 3.0

**Tuition:** \$768

## Technical Communication **NEW**

WRTG 316

**Description:** Effective processes of written, oral, and visual technical communication, including collaborative processes. Writing for academic and professional audiences.

**Credits:** 3.0

**Tuition:** \$768

We offer open enrollment 24 hours a day,  
seven days a week, year-round!



## LIFE SCIENCES

### Principles of Biology

BIO 100

**Description:** Introduction to biology.

Introduces concepts from the microscopic towards the ecosystem level and includes topics such as scientific inquiry, biochemistry, cell concepts, botany, genetics, evolution, systematic diversity, behavior, ecology, and conservation.

**Credits:** 3.0

**Tuition:** \$768

### Introduction to Bioinformatics **NEW**

BIO 165

**Description:** Introduction to basic concepts in bioinformatics. Standard bioinformatic applications.

**Credits:** 3.0

**Tuition:** \$768

### Science of Biology **NEW**

CELL 120

**Description:** General biology course designed for biological science majors, emphasizing the scientific method, cell theory, biochemical unity, the central dogma, bioenergetics, reproduction, and evolutionary theory. Examples of these biological principles will focus on whole organism biology such as physiology, neuroscience, and developmental biology examples.

**Credits:** 3.0

**Tuition:** \$768

### Human Biology **NEW**

CELL 205

**Description:** Structure and function of body systems. Influence of heredity, cell biology and physiology, as well as the biological basis of health and disease.

**Credits:** 3.0

**Tuition:** \$768

### Human Anatomy **NEW**

CELL 210

**Description:** Structure and function of body systems including the skeletal, muscular, reproductive, nervous, and cardiovascular systems.

**Credits:** 3.0

**Tuition:** \$768

### Human Physiology **NEW**

CELL 305

**Description:** Homeostasis and the physiological basis of health, disease, and body organ functions.

**Credits:** 4.0

**Tuition:** \$1024

### Science of Wellness **NEW**

EXSC 221

**Description:** A comprehensive study of the science of wellness of the whole individual. The science of wellness draws principles from exercise sciences, biological sciences, and behavioral sciences. The research from psychoneuroimmunology (PNI) supports specifically the holistic wellness paradigm whose focus is that every aspect of each human being—the body, mind, and spirit—is involved in all wellness activities, and all affect the whole individual. Students will discover this new paradigm and experience the blending of the sciences to support the integrated nature of our being.

**Credits:** 3.0

**Tuition:** \$768

## Kinesiology and Biomechanics

EXSC 362

**Description:** The influence of physical laws on human movement. Physical laws that will be discussed include linear and angular motion, force and torque, center of mass, fluid mechanics, and tissue mechanics.

**Credits:** 3.0

**Tuition:** \$768

## Chronic Disease Prevention **NEW**

EXSC 387

**Description:** Current scientific evidence demonstrating how lifestyle affects disease processes. Healthy lifestyle concepts specifically needed by wellness professionals, health educators, and health promotion practitioners; influence of unhealthy lifestyle as the basis for chronic diseases, i.e., cardiovascular disease, cancer, and diabetes.

**Credits:** 3.0

**Tuition:** \$768

## Stress Management **NEW**

EXSC 410

**Description:** Teaches students the basic principles, theories, and relaxation techniques to effectively manage personal stress. Students gain a greater understanding of the mind-body relationship, learn to employ a holistic approach to stress, and adopt effective cognitive, coping, and relaxation techniques. Ultimately, students experience a more effective approach to optimal lifelong health.

**Credits:** 3.0

**Tuition:** \$768

“

The free mentoring sessions through BYU Student Success Center have truly transformed my study habits and academic performance. Their personalized approach and expert guidance have made complex subjects much more manageable and less intimidating.”

—university student

## Exercise Physiology **NEW**

EXSC 463

**Description:** The function of the physiological systems and their responses to acute and chronic exercise.

**Credits:** 3.0

**Tuition:** \$768

## Principles and Practices of Health Promotion

HLTH 330

**Description:** Introduction to the health promotion profession, emphasizing current issues, professional preparation and employment, as well as the philosophy and foundations of professional practice in various settings.

**Credits:** 3.0

**Tuition:** \$768

## Health Behavior Change

HLTH 335

**Description:** Understanding health behavior change theories for individuals and populations. Practical application of related models and theories.

**Credits:** 3.0

**Tuition:** \$768

## Statistical Computing in Epidemiology

HLTH 440

**Description:** Introduction to the basics of SAS and EXCEL focusing on the set of commands useful for data-reporting, data-management, formatting and graphics, and data-analysis. Topics include tables and regression models for epidemiologists (cumulative-incidence, case-control, and incidence rate data).

**Credits:** 3.0

**Tuition:** \$768

## International Health **NEW**

HLTH 480

**Description:** Identifying disease patterns in developing countries, exploring the social and cultural context of health, and reviewing behavior change strategies for improving well-being.

**Credits:** 3.0

**Tuition:** \$768

## General Biology: Health and Disease **NEW**

MMBIO 121

**Description:** An overview of the living world and how it functions and adapts in the context of human health and disease.

**Credits:** 3.0

**Tuition:** \$768

## General Microbiology **NEW**

MMBIO 221

**Description:** Microbial world, emphasizing communicable diseases and their causes and control.

**Credits:** 3.0

**Tuition:** \$768

## Molecular Biology

MMBIO 240

**Description:** Fundamentals of protein and nucleic acid structure and their function in the context of the classical experiments that have informed our current models of biology at the molecular level.

**Credits:** 3.0

**Tuition:** \$768

## Essentials of Human Nutrition **NEW**

NDFS 100

**Description:** Food-oriented study of nutritional facts and principles as a basis for dietary choices; consequences of choices; scientifically examining controversial topics.

**Credits:** 3.0

**Tuition:** \$768

## Residential Landscape Design

PWS 103

**Description:** Design and composition as applied to development of residential grounds.

**Credits:** 3.0

**Tuition:** \$768

## NURSING

### Nursing Terminology **NEW**

NURS 102

**Description:** Nursing and medical terminology for prenursing and beginning nursing students or those interested in health occupations.

**Credits:** 2.0

**Tuition:** \$512

## RELIGIOUS EDUCATION

### The Book of Mormon, Part 1 **NEW**

REL A 121

**Description:** Narrative, doctrines, and precepts of the Book of Mormon. Covers 1 Nephi through Alma 29.

**Credits:** 2.0

**Tuition:** \$512

### The Book of Mormon, Part 2 **NEW**

REL A 122

**Description:** Narrative, doctrines, and precepts of the Book of Mormon. Covers Alma 30 through Moroni 10.

**Credits:** 2.0

**Tuition:** \$512

### The New Testament, Part 1 **NEW**

REL A 211

**Description:** Historical background, narrative, and doctrines of the New Testament. Covers the life and teachings of Jesus Christ set forth in the four Gospels.

**Credits:** 2.0

**Tuition:** \$512

### The New Testament, Part 2 **NEW**

REL A 212

**Description:** Historical background, narrative, and doctrines of the New Testament. Covers the Acts of the Apostles through the Revelation of John.

**Credits:** 2.0

**Tuition:** \$512

### Jesus Christ and the Everlasting Gospel **NEW**

REL A 250

**Description:** A survey course that teaches the Savior's roles throughout eternity with emphasis on His fulfillment of Heavenly Father's covenant with His children and the blessings of the Atonement and eternal life.

**Credits:** 2.0

**Tuition:** \$512

### Teachings and Doctrines of the Book of Mormon **NEW**

REL A 275

**Description:** A study of the teachings and doctrine of the Book of Mormon with emphasis on the Savior's ministry.

**Credits:** 2.0

**Tuition:** \$512

### The Old Testament

REL A 302

**Description:** Historical background, narrative, and doctrine of the Old Testament. Covers 1 Kings through Malachi.

**Credits:** 2.0

**Tuition:** \$512

## Writings of Isaiah

REL A 304

**Description:** Teachings and prophecies of Isaiah in light of their historical context and relevance to Latter-day people.

**Credits:** 2.0

**Tuition:** \$512

## The Pearl of Great Price

REL A 327

**Description:** Historical background and doctrines of the Pearl of Great Price.

**Credits:** 2.0

**Tuition:** \$512

## Missionary Preparation **NEW**

REL C 130

**Description:** Focuses upon the purpose, skills, and doctrines of missionary work and prepares prospective missionaries for a more meaningful MTC and mission experience.

**Credits:** 2.0

**Tuition:** \$512

## The Eternal Family **NEW**

REL C 200

**Description:** Devoted to teachings on the Plan of Redemption and the central role of the family in that plan. The doctrine of the family is explored as it is taught throughout the standard works and in "The Family: A Proclamation to the World," as well as through the temple and saving ordinances and covenants.

**Credits:** 2.0

**Tuition:** \$512

## Foundations of the Restoration **NEW**

REL C 225

**Description:** The calling and doctrinal contributions of Joseph Smith as well as the significance of modern scripture including key sections of the Doctrine and Covenants. Also includes the establishment, organization, doctrine, and practices of the Church today.

**Credits:** 2.0

**Tuition:** \$512

## The Doctrine and Covenants, Part 1

REL C 324

**Description:** Origin, content, and teachings of the Doctrine and Covenants. Discusses sections 1 through 76.

**Credits:** 2.0

**Tuition:** \$512

## The Doctrine and Covenants, Part 2

REL C 325

**Description:** Origin, content, and teachings of the Doctrine and Covenants. Considers sections 77 through 138. Continuation of The Doctrine and Covenants, Part 1 (REL C 324).

**Credits:** 2.0

**Tuition:** \$512

## The Living Prophets

REL C 333

**Description:** Doctrines, administration, backgrounds, and current teachings of the living prophets, seers, and revelators.

**Credits:** 2.0

**Tuition:** \$512

### **Joseph Smith and the Restoration: 1805–1845**

REL C 341

**Description:** Life and ministry of the Prophet Joseph Smith, coming forth of the Book of Mormon, organization of the Church, foundational revelations, building the Kirtland Temple, Missouri persecutions, establishment of Nauvoo, and events leading to the martyrdom.

**Credits:** 2.0

**Tuition:** \$512

### **Pioneers and Persecution: 1846–1899**

REL C 342

**Description:** Exodus from Nauvoo, the experience of Latter-day Saint pioneers crossing the plains, establishing Zion in the Great Basin, plural marriage and government persecution, the Manifesto, and events leading to Utah statehood.

**Credits:** 2.0

**Tuition:** \$512

### **Modern Church, 1900–Present**

REL C 343

**Description:** Introduction to the Latter-day Saint Church in the twentieth and twenty-first centuries. Emphasis on significant developments of Church programs and structure as well as the people and events which have shaped Church history during this time period.

**Credits:** 2.0

**Tuition:** \$512

### **Survey of World Religions *NEW***

REL C 351

**Description:** Explores the origins, theological doctrines, scriptural works, and religious practices of several internationally religious traditions, including Christianity, Islam, Judaism, Hinduism, Sikhism, Buddhism, Taoism, Confucianism, and Shinto. Comparisons are offered between these religions and Latter-day Saint belief and practice.

**Credits:** 2.0

**Tuition:** \$512

## **STUDENT DEVELOPMENT**

### **Effective Study and Learning *NEW***

STDEV 109

**Description:** Learning to learn—motivation, time management, reading, listening, notetaking, test preparation, and memorizing.

**Credits:** 2.0

**Tuition:** \$512

### **Career Exploration**

STDEV 117

**Description:** Applying theories of individual, academic, and career development to the university student. Exploring university opportunities and college majors; graduation planning.

**Credits:** 2.0

**Tuition:** \$512

## Public Speaking **NEW**

STDEV 150

**Description:** Principles and methods of public speaking, including presentations, extemporaneous speech, and audience-focused crafting.

**Credits:** 3.0

**Tuition:** \$768

## Graduate School Preparation

STDEV 318

**Description:** Preparing students to craft competitive graduate school application documents. Pragmatic strategies to facilitate preparation and understanding of references, graduate program research, personal statements, scholarships and financial aid, entrance exams, and resumes and interviewing.

**Credits:** 2.0

**Tuition:** \$512

## Meditation **NEW**

SWELL 102

**Description:** Learn and apply methods of meditation to quiet the mind.

**Credits:** 0.50

**Tuition:** \$128

# 10 Reasons to Take a Course

- Transferable Credit
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